

**Today English is a strategic issue**

Being fully operational in English gives you and your organisation an important advantage.

It is impossible to be competitive in an international environment without mastering English. Effectiveness in international communications requires both English and intercultural awareness.

Immersion training in an English-speaking environment is the quickest and most effective way to achieve this.

**Benefits of immersion training**

- Immersion training is fast, effective and motivating
- Confidence in working in English is dramatically improved
- Performance level required is reached in the shortest possible time
- Development of skills to work globally
- Networking with participants from other countries
- Less time away from work
- 100% attendance

# The nations Total English Programme

One-to-one training at the heart of individual preparation for real life situations



**why choose nations as your immersion partner**

**Exposure**

The nations Total English Programme offers more than 60 hours' exposure to English each week.

**Experience**

Since 1978 nations has trained over ten thousand participants from more than thirty countries.

**Exclusivity**

We only train adults. nations provides an exclusive, professional and relaxed environment where participants feel at home and exchange views with fellow participants.

**Making the comparison**

Two weeks on The nations Total English Programme can have the same results as four weeks of on-site training. Immersion Training is extremely effective in terms of cost and time.

**Ireland**

Training is more successful when participants can get away from the pressure of work: Ireland - friendly, relaxed, beautiful and, with Cork's international airport, easy to reach.

**The nations concept of service**

nations is committed to giving the fullest professional and personal service at all times. We want our participants to feel at home, to be able to concentrate 100% on their training and have an enjoyable experience. Of course there are other training organisations, but at nations we are dedicated to what we call "moments of delight" - those moments which go beyond excellent quality and create a lasting impression.

Since 1978 nations has provided English training in Ireland for many of Europe's top companies and organisations. The nations Total English Programme, developed over many years and after hundreds of interviews with our participants is, we believe, the best way of maximising progress in English in the minimum of time.

**The Programme is based on certain key concepts:**

- Individual training at the core of a complete language skills development programme.
- Excellent trainers, supported by an experienced management and pedagogical team.
- Participants, trainers and the rest of the pedagogical team work together to maximise progress.
- Learning based on best practices. Combining the latest developments in language training with over 20 years of experience.
- Development of communication skills in English.
- Preparation - doing - feedback - performance.
- Cultural exchanges. While making progress in English participants will meet and exchange experiences with people from different cultures.
- Individual feedback cassette/CD-rom. Created during the programme, participants receive recorded key phrases for future use.
- Non-residential immersion. Learning English in an English-speaking environment means being exposed to real life situations with and without the support of a trainer. That is why participants on a nations course are not in a restricted residential environment.

